

LEARN TO CURL INFORMATION

What To Wear

Here are a few tips to ensure you enjoy your time on the ice.

Layer Up! During the lessons you may be standing around for a few minutes watching the instructors and feel cool. When you start to curl, you'll warm up again. Wear a light jacket or fleece that you can take on and off as you need to.

Wear Loose Pants! You need to be able to stretch easily. Jeans can be too restrictive.

Bring Gloves! If you're worried your hands may get cold, bring a pair of gloves or mittens just in case.

What To Bring

Make sure you bring some clean running shoes with you that will grip the ice.

Clean Shoes! Our Ice Technicians spend many hours making perfectly flat, perfectly clean ice. You will need to bring some clean shoes (running shoes or tennis shoes are ideal). You won't be able to go on the ice in the same shoes you arrived in.

That's It! The great thing about curling is that you don't need any special equipment to get started. We'll lend you one of our club brooms and make sure you're looked after during your learn to curl session.